How to Make an Orange Julius

Ingredients:

6 ounces (3/4 cup) frozen orange juice concentrate, thawed  
1 cup milk (whole or low fat)  
1 cup water  
1/4 cup + 1 tablespoon granulated white sugar  
1 teaspoon vanilla extract  
10-12 ice cubes

Directions:

In a blender, combine the orange juice, milk, water, sugar and vanilla. Cover and blend until smooth. With blender running, add ice cubes, one at a time, through the opening in lid. Blend until smooth. Serve immediately. Divide the mixture between 4 glasses. Add straws and sip away!